



REX MULTI CARE HOSPITAL

RAC 2026

THE HIP

BLUEPRINT

(REX ARTHROPLASTY CONFERENCE)

IOA President's Theme

"Fellowship and Training for All,
Bone and Joints in Safe Hands".

TNOA President theme

"Enrich Knowledge,
Skill and Empower All,"

VENUE :

HOTEL RESIDENCY TOWERS,
COIMBATORE

DATE:

20th SEPTEMBER 2026

TIME : 08.30am - 05.00pm

Highlights of the Conference

RE-LIVE
SURGERIES



CASE-BASED
DISCUSSIONS



PRACTICAL,
REAL-WORLD FOCUS



LIMITED

SEATS ONLY

[Click Here for Registration](#)

TNMC
CREDIT

POINTS APPLIED

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*Dear Orthopods,
Greetings from Rex Team!*

We are thrilled to extend a warm invitation to you for the upcoming Rex Arthroplasty Conference RAC- 2026 – The Hip Blueprint. Welcome to RAC 2026 – The Hip Blueprint, where innovation meets experience and evidence drives excellence. This thoughtfully curated meeting brings together distinguished faculty and passionate learners for an immersive day focused on the latest concepts, controversies, and cutting-edge techniques in primary and revision hip arthroplasty. Expect thought-provoking

ORGANISING COMMITTEE MEMBERS



Dr. C. Rex
Course Director



Dr. C. Premanand
Course Co-ordinator



Dr. M. Harish Kumar
Organising Secretary

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8:30 - 09:00 AM Registration

Session 1

Primary THA Planning & technical pearls

Chair persons:
Dr. Jayakumar
Dr. Suman CPS

9:00 - 9:15 AM

**Technology-Assisted THR:
Real Advantage or Just Hype?**

Dr. Sai Krishna

9:16 - 9:30 AM

**Spinopelvic Parameters in THR:
What Really Matters?**

Dr. Devendra N Vartak

9:31 - 9:45 AM

Total Hip Replacement in Femur fracture

Dr. M.Harish Kumar

9:46 - 10:00 AM

Total Hip Replacement in Acetabular fracture

Dr. Pachore Javahir Anant

10.01 - 10:10 AM

**What's New in Hip Arthroplasty?
Implants Worth Knowing**

Dr. Murali Krishnan N

10:11 - 10:40 AM

**Case based Expert Panel Discussion –
Femoral Session**

Panelists: Dr. Baskaran, Dr. Paari Selvaraj,
Dr. Raja Bhaskara Rajasekaran,
Dr. BRJ Sathish Kumar, Dr. Yuvarajan

Moderators:

Dr. CS Yadav

Dr. D.D. Shah

Session 2

Surgical Approaches

Chairpersons:
Dr. Mugundhan
Dr. Ganesan

10.41 – 10.55 AM

**Video Masterclass: DAA
What, When & How? Tips & Pearls**

Dr. Vikas Jain

10.56 – 11.10 AM

**Advantages and Challenges with
DAA for a Posterior Surgeon**

Dr. Sharath KR

11:11 - 11:25 AM

Video Masterclass: Revision with DAA

Dr. Vikas Jain



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Session 2 Surgical Approaches

Chairpersons:
Dr. Mugundhan
Dr. Ganesan

11.26 - 11.40am Video Masterclass:
Lateral approach in Supine position
-(Advantages/ Tips & tricks) **Dr. C. Rex**

11.41 - 11.55am Impact of approaches
What does literature & Registry data say? **Dr. Murali Krishnan N**

11.56AM - 12.10 PM Inauguration

Session 3 Implant Selection & Design philosophy

Chairpersons:
Dr. Kumaravel
Dr. Venkatesh Kumar

Debate:

12.11 - 12.40pm Uncemented THR – Standardization vs Tailormade?
Speaker 1: One preferred Cup & Stem for most?
Speaker 2: Patient profile based Tailored Cup & Stem **Dr. Sharath KR**
Dr. K. Balakondaiah

12.41 - 12.55pm Beyond Preference: The Cemented Stem Debate:
Exeter or Cemented Corail
- Which Design for which Patient? **Dr. Praveen Mereddy**

12.56- 1.30pm **Lunch**

Session 4 Revision THR – Planning & Implant Selection

Chairpersons:
Dr. Sandeep T. George
Dr. Sundararajan

1.31- 1.45pm Aseptic Revision THA:
What to Revise, What to Retain? **Dr. Praveen Mereddy**

1.46 - 2.00pm 3D Printing in Hip Arthroplasty:
Decision-Making and Clinical Workflow **Dr. Sai Krishna**

2.01- 2.15pm Revision Femoral Stem Selection:
Straight or Curved, Modular or Monoblock
- How Do I Choose? **Dr. D.D. Shah**



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Session 4

**Revision THR
– Planning & Implant Selection**

Chairpersons:
Dr. Sandeep T. George
Dr. Sundararajan

2.16 – 2.30pm

**Revision Acetabular Reconstruction:
Choosing the right construct-Jumbo Cup,
Cage, Cup-Cage, Cup-in-Cup or Augment?**

Dr. CS Yadav

Session 5

Technical pearls - Revision THR

Chairpersons:
Dr. K.S. Maheswaran
Dr. Thennavan

2.31 – 2.45pm

**Management of failed primary THR
– Septic & Aseptic**

Dr. D.D. Shah

2.46 – 3.00pm

**Femoral Component Removal:
Cortical Window or Trochanteric Osteotomy
- When and How?**

Dr. Devendra N Vartak

3.01 – 3.15pm

**Postoperative Protocols in Primary & Revision THA:
Current Recommendations**

Dr. K. Balakondaiah

3.16 – 3.45pm

Case based Expert Panel Discussion

– Acetabular Session
Panelists: Dr. Balasubramanian,
Dr. Muthu Saravanakumar,
Dr. Shanmugasundaram,
Dr. Sharath KR, Dr. Vinodh

Moderators:
Dr. Pachore Javahir Anant
Dr. C.Rex

3.46 – 4.00pm

Discussion – Q & A

All Faculties

4.01 – 5.00pm

**THR Bone saw workshop – BOSS –
BASIC ORTHOPAEDIC SURGICAL SKILL COURSE
– Limited Slots only (Need to register)**

All Faculties

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REGIONAL FACULTIES



Dr. Balasubramanian,



Dr. Baskaran



Dr. BRJ Sathish Kumar



Dr. Ganesan



Dr. Jayakumar



Dr. K.S. Maheswaran



Dr. Kumaravel



Dr. Mugundhan



Dr. Muthu Saravanakumar



Dr. Paari Selvaraj



Dr. Raja Bhaskara
Rajasekaran



Dr. Sandeep T. George



Dr. Shanmugasundaram



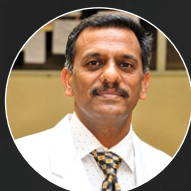
Dr. Suman CPS



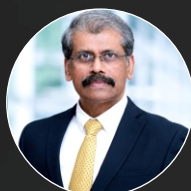
Dr. Sundararajan



Dr. Thennavan



Dr. Venkatesh Kumar



Dr. Vinodh



Dr. Yuvarajan

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EMINENT NATIONAL FACULTIES



Dr. Balakondiah, Nellore



Dr. Devendra N. Vartak,
Pune



Dr. M. Harish Kumar,
Coimbatore



Dr. Murali Krishnan N,
Kozhencherry, Kerala



Dr. Pachore Javahir Anant,
Ahmedabad



Dr. Praveen Mereddy,
Hyderabad



Dr. C. Rex, Coimbatore



Dr. Sai Krishna, Bangalore



Dr. D. D. Shah, Mumbai



Dr. Sharath K.R,
Bangalore



Dr. Vikas Jain, Indore



Dr. C.S. Yadhav, New Delhi

Registration fee Rs. 2000/- [Click Here for Registration](#)

For Registration

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